



## WORD: RESPONSIBLE /RUH-SPON-SUH-BL/

When we are do our part in fulfilling our purpose we light the path for others to do the same. This means that the people and tasks that we are responsible for feel supported and understood. It builds character to know that others are assisted and inspired when you not only show up but show up well for what people count on you to do.

"My life is immeasurably enriched by taking personal responsibility to do what I can, with what I have, where I am.

ROB WALDROP

Take a moment to think about your responses to the following questions. This is your opportunity to see if what you believe is taking hold with the young people in which you have interactions.

- What does the word responsible mean to you?

- What and who do you feel like you are responsible for? How do you prioritize the important things in your life? What does it look like and feel like to be successful at the what you are responsible for?
- What is one small step you can make to better execute what you need to be successful at what you feel responsible for?
- What could you afford to do less of to make more time to have deeper conversations with those you feel a responsibility towards?

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### QUESTIONS AND CONVERSATIONS STARTERS THAT PROMPT CONNECTIONS

The most important part of building meaningful relationships is the ability to trust each other through active listening and understanding. When we discuss these questions with those that are younger or not yet familiar with the concepts we must approach it with emotional constancy as the adult that has done the work to be introspective first. We recommend starting up top with the reflection questions and bringing those sentiments with you to the conversation. This is deep but will be an eye-opening experience for all that are committed to growing together. Notice if there is alignment with what you reflected on and what they said.

- What does it mean to be responsible?
- What are you responsible for in your life?
- Do you feel like anything you are responsible for is really difficult?
- What would help support you?
- What does it look like and feel like to be successful at the things you are responsible for?
- Do you have any ideas that could help me support you in learning and being responsible?

## THOUGHTS TO TAKE AWAY AND SHARE

