

The CORE ESSENTIALS SESSION



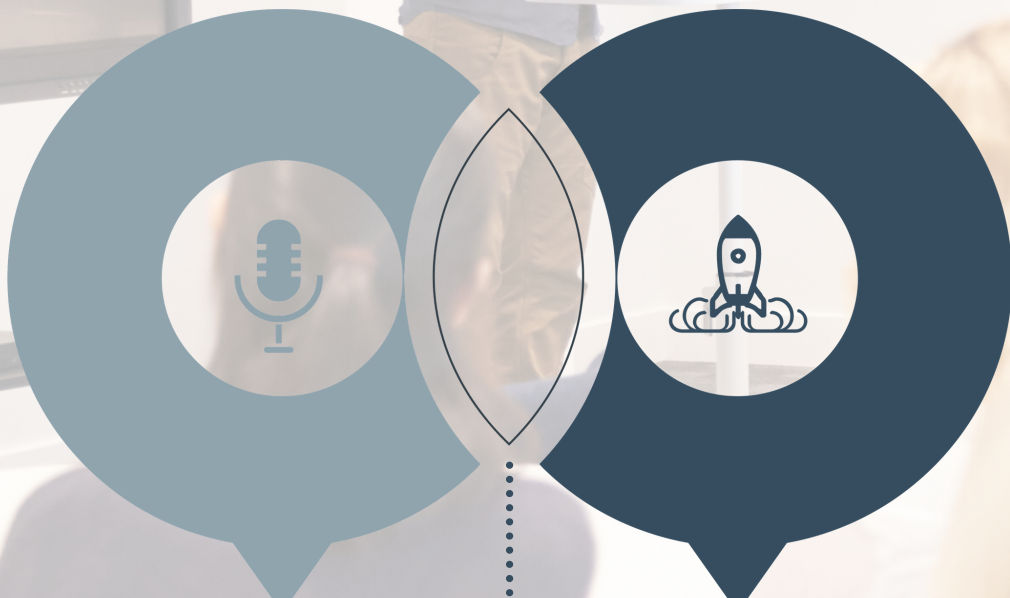
BUILD

AWARENESS AND RELATIONSHIPS

An introductory professional development session that is designed to **build awareness and knowledge** about how students develop and learn. Delivered by experienced, dynamic facilitators, our signature live training session translates brain science concepts into relatable, engaging, thought-provoking activities that are proven to be meaningful and eye-opening for all that attend.

We offer educators tools and strategies to help all children thrive, no matter their start in life or how much adversity they face. We designed this session to be an immediate response for schools and educator preparation programs that would like a mindset and culture-building experience to enhance how staff can collectively be the best support to the students they serve.

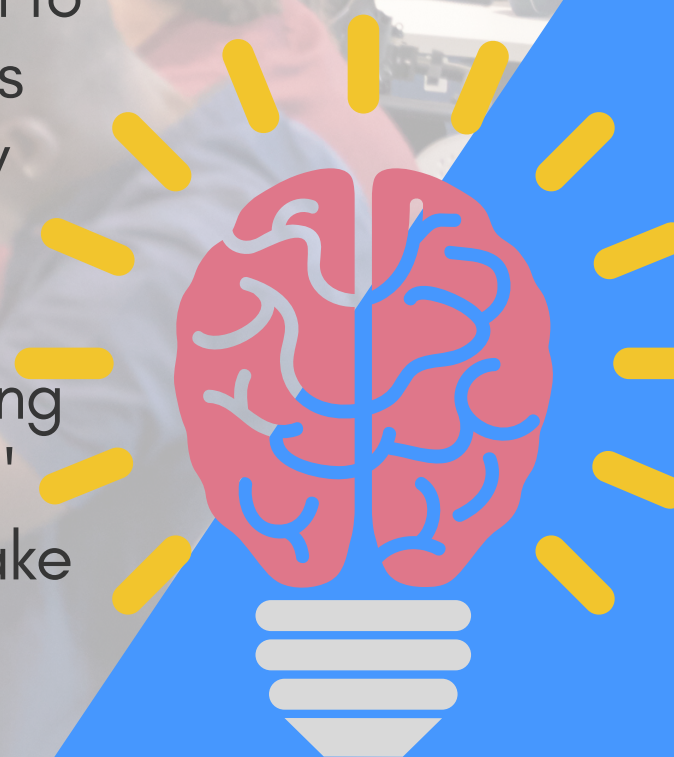
This content previews essential aspects from our CORE collections, including the impact of stress and trauma on the development of the brain. This "101" style-session can be designed for 90 minutes to 3 hours. Let us help you take your staff training to the next level.



ROOTWORDS THE PODCAST

CORE ESSENTIALS LIVE PD SESSION

INSPIRING RESOURCES:
PATH TO MEANINGFUL CONNECTIONS &
QUESTIONS TO CONNECTIONS Worksheets



I loved the session. I think it is very important for us to know how the brain works and what it needs to grow. I loved the way our presenter dissected and demonstrated the brain centers in a way that was memorable and relevant. She also expressed the antidote for stress which I never thought was developing trust, honesty, and transparency with our students. Our job as educators is to make sure that our students feel physically and emotional safe, scaffold for stress management, and self-regulation while building a community of inclusion. I feel like I have what it takes now!

-SARAH RYLAND
SESSION PARTICIPANT